

**OREGON PSYCHOANALYTIC CENTER**  
**Psychoanalytic Psychotherapy Program**  
 Academic Year 2020-2021

**Course: PPP Advanced Seminar**

**Instructor: Richard Alden, MD ([richardaldenmd@gmail.com](mailto:richardaldenmd@gmail.com))**

**Dates: September 8, 2020 – May 18, 2021 (Third Tuesday of each month).**

**Time: 6:30 – 8:00 pm**

**Course Description:** PPP Advanced Seminar is a course for students who have completed two years of didactic classes in the Psychoanalytic Psychotherapy Program and still have clinical patient hours or case reports to complete in order to graduate. As this is a small group, content will be adapted to address individual needs and interests, which we will formulate through inquiry and discussion in our first class meeting. One anticipated focus would be on clinical writing, to deepen and consolidate thinking about our work with patients and to provide material for the final case report. Emphasis here will be on expressive writing, communicating the clinical moment, and constructing a psychodynamic formulation. This is intended to augment but in no way supplant the work done with supervisors. Another focus will be on listening to clinical material and discerning opportunities to deepen the treatment, including increasing frequency of sessions. Our monthly meetings will serve as a consultation group to discuss difficult situations encountered in our practices and to generate mutual support and guidance as students move toward completing graduation requirements. Brief writing exercises and readings on specific topics of student interest may be assigned to complement the class discussions

**Learning Objectives:** At the end of the course, participants will be able to:

1. Students will develop more comfort and fluency in writing about their clinical work, culminating in completion of a written case report.
2. Students will practice listening for opportunities to deepen their work with patients, in particular by increasing frequency of sessions.
3. Students will practice using the group as a consultant to expand their thinking about their clinical work.

**Optional Bibliography on Psychoanalytic Writing:**

- Bernstein, S.B. (2008). Writing about the Psychoanalytic Process. *Psychoanal. Inq.*, 28:433-449. (PEP)
- Bernstein, S.B. (2008). Writing, Rewriting, and Working Through. *Psychoanal. Inq.*, 28:450-464. (PEP)
- Cabaniss, D., Cherry, S., Douglas, C., Graver, R., and Schwartz, A. (2013). How do We Construct a Psychodynamic Formulation? Chapter 3 in *Psychodynamic Formulation*, Chichester: Wiley-Blackwell, pp 12-14. (MRL)
- Columbia Psychoanalytic Writing Curriculum: Lister, E., Kravis, N., Sandberg, L., Halpern, J.K., Cabaniss, D.L., Singer, M.B. (2008). "I Write to Know What I Think": A Four-Year Writing Curriculum. *Journal of the American Psychoanalytic Association*, 56:1231-1247. (PEP)
- Cabaniss, D.L., Graver, R. (2008). Mapping the Macroprocess. *J. Amer. Psychoanal. Assn.*, 56:1249-1260. (PEP)
- Glick, R.A., Stern, G.J. (2008). Writing about Clinical Theory and Psychoanalytic Process. *J. Amer. Psychoanal. Assn.*, 56:1261-1277. (PEP)
- Furman, S.G. (2006). The Write of Passage from Candidate to Analyst: The Experience of Writing Analytic Process. *Psychoanal. Inq.*, 26:682-697. (PEP)
- Jones, A. (2005). Generating Words: One Approach to Teaching Clinical Writing. *Psychoanal Q.*, 74:835-852. (PEP)
- Jones, A. (2007). The Case of Stevie. *Int. J. Psycho-Anal.*, 88:1-8. (PEP) Read first page only.
- Kantrowitz, J.L. (2004). Writing About Patients: I. Ways of Protecting Confidentiality and Analysts' Conflicts Over Choice of Method. *J. Amer. Psychoanal. Assn.*, 52:69-99. (PEP)
- Ogden, T.H. (2005). On psychoanalytic writing. *Int. J. Psycho-Anal.*, 86:15-29. (PEP)

- Focus on “An experience in clinical writing” pp 17-20. Reiser, L.W. (2000). “The Write Stuff”. J. Amer. Psychoanal. Assn., 48:351-354. (PEP)
- Scharff, J.S. (2000). On Writing from Clinical Experience. J. Amer. Psychoanal. Assn., 48:421-447. (PEP)
- Sweetnam, A. (2006). Dusk Confuses Me. Contemp. Psychoanal., 42:59-82. (PEP)
- Westin, S., Bernstein, S.B., Bornstein, M., Palmer, J., Rosenbaum, A.L. (2008). Discussion Group on Writing about Your Analytic Work in a Case Report. Psychoanalytic Inquiry, 28:404-432. (PEP)

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**September 15 -- Session #1**

**October 20 -- Session #2**

**November 17 -- Session #3**

**December 15 -- Session #4**

**January 19 -- Session #5**

**February 16 -- Session #6**

**March 16 -- Session #7**

**April 20 -- Session #8**

**May 18 -- Session # 9**