



oregon psychoanalytic institute

2250 nw flanders street, suite 312 • portland, oregon 97210

telephone 503-229-0175 • fax 503-229-0176 • www.oregonpsychoanalytic.org

### ***Advanced – Reading List for Academic Year 2020-21***

<b>Course</b>	<b>Instructors</b>	<b>Pages</b>
<i>(A)-1 Continuous Case Conference</i>	<i>Lee Shershow, MD</i>	<i>2</i>
<i>(A)-2 Continuous Case Conference</i>	<i>David Turner, MD</i>	<i>2</i>
<i>(A)-3 Continuous Case Conference</i>	<i>Richard Alden, MD</i>	<i>2-3</i>
<i>(A)-4 Continuous Case Conference</i>	<i>Constance Jackson, MD</i>	<i>3</i>
<i>(A)-5 Continuous Case Conference</i>	<i>Duane Dale, MD</i>	<i>4</i>
<i>(A)-6 Continuous Case Conference</i>	<i>Sam Chase, MD</i>	<i>4</i>

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#### **Continuing Medical Education**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the American Psychoanalytic Association and the Oregon Psychoanalytic Center. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 1.53 AMA PRA Category 1 Credit(s)<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters of this CME program have any relevant financial relationships to disclose.

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## OREGON PSYCHOANALYTIC CENTER INSTITUTE

**Course:** (A)-1 Continuous Case Conference  
**Instructor:** Lee Shershow, MD  
**Dates:** Sept. 11, 18, 25; Oct. 2, 9, 16, 23, 2020  
**Sessions:** 7 (10.5 CMEs)  
**Time:** 12:15 - 1:45 pm

### Course Description:

This course will continue the clinical track of the Institute, by asking each Candidate to present current clinical material from their control cases. The expected emphasis of the course will be on Counter-Transference: detecting its presence and discussing with all Candidates present how to effectively use it to facilitate the psychoanalytic process.

### Learning Objectives: Following this course, participants will be able to:

- (1) Recognizing Counter-Transference, especially its unconscious forms.
- (2) Clinical discussions on how to interpret Counter-Transference.
- (3) Promote clinical discussion by all members of the seminar.

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**Course:** (A)-2 Continuous Case Conference  
**Instructor:** David Turner, MD  
**Dates:** Oct. 30; Nov. 6, 13; Dec. 11, 17, 2020  
**Sessions:** 9 (9 CMEs)  
**Time:** 12:15 - 1:45 pm

**Course Description:** Through candidate presentation of analyses in the middle and terminating phases we try to formulate ideas about the identifying aspects of these two phases. We will look at interventions during these phases with particular attention to the role of analyst activity. Is interpretation sufficient or are other forms of activity warranted.

### Learning Objectives: Following this course, participants will be able to:

- (1) Discuss and detect middle and terminating phases in analysis
- (2) Hone his/her ability to intervene in ways appropriate to the phase of analysis

**Bibliography:** Nothing is required. I would suggest reading Ed Tronick's recent book on Discord. Although written for the public, it raises issues quite appropriate for analysis.

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**Course:** (A)-3 Continuous Case Conference  
**Instructor:** Richard Alden, MD  
**Dates:** Jan. 8, 15, 22, 29, 2021  
**Sessions:** 4 (6 CMEs)  
**Time:** 12:15 - 1:45 pm

*Experience soon showed that the attitude which the analytic physician could most advantageously adopt was to surrender himself to his own unconscious mental activity, in a state of evenly suspended attention, to avoid so far as possible reflection and the construction of conscious expectations, not to try to fix anything that he heard particularly in his memory, and by these means to catch the drift of the patient's unconscious with his own unconscious.*

--Sigmund Freud, 1923

**Course Description:** Anna O, Joseph Breuer's celebrated patient, called her treatment the "talking cure." A fuller truth is that psychoanalysis is a listening and talking cure. In this continuous case conference we will be listening closely to process notes from analytic sessions. Our particular focus will be on analytic

listening itself and the many questions that emerge when we draw our attention to how the two parties are listening to each other. What distinguishes analytic listening from ordinary listening? Are there different modes of listening that may be optimal during a session, and if so what determines the use of one particular type? How might the analyst's listening attitude fluctuate between poles of "credulous" and "skeptical" listening styles? What do we listen for? Do we listen to words, gaps between words, silences, non-verbal behaviors, or the music of affect that pervades the analytic session? How do we listen openly to the free associative process, and what happens when we adopt an attitude of listening "without memory and desire. Can we observe our own process of welcoming (or rejecting) emotional experience generated in the moment-to-moment encounter with our patients? Does our listening stance promote open receptivity to everything, even the most foreign, ego dystonic or disturbing things the patient may convey? And what effect does our capacity to listen openly have on the patient's free associative process? We will try to have one presenter over the course of the four weeks in order to follow the process of the analytic dyad over time. Optional materials are offered to stimulate curiosity and generate more questions about listening in the analytic space.

**Learning Objectives: Following this course, participants will be able to:**

- (1) Demonstrate increased capacity for listen more openly to unconscious communication from the patient, countertransference, and the process of the hour.
- (2) Demonstrate increased sensitivity to the ways that our analytic listening shapes our interventions and affects the analytic process.
- (3) Practice using the class as a consultation group to expand our thinking about how we listen to clinical material.

**Optional Readings:**

- Eaton, J. (2011). Listening to Yourself Listening. In *A Fruitful Harvest: Essays after Bion*. Seattle, The Alliance Press. Pp 125 – 140. (MRL)
- Hart, A. (2020) Radical Openness: The Third Emerges as the Analyst is Moved. Division 39 Plenary Panel, Philadelphia, April 6, 2019. CITE OR SHARE ONLY WITH AUTHOR'S PERMISSION. (MRL)
- Hancock, H. (2014) Miles Davis according to Herbie Hancock. <https://www.youtube.com/watch?v=FL4LxrN-iyw>

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**Course:** (A)-4 Continuous Case Conference  
**Instructor:** Constance Jackson, MD  
**Dates:** Feb. 2, 19, 26, & Mar. 19, 2021  
**Sessions:** 4 (6 CMEs)  
**Time:** 12:15 - 1:45 pm

**Course Description:** We will explore how we attribute meaning to analytic encounters by exploring the subjective experience of the analyst, the patient, and the relationship between them, leaning on concepts from Balint to Ogden.

**Learning Objectives: Following this course, participants will be able to:**

- (1) Increase awareness of the interpersonal context and intersubjective field created by the interplay between transference, countertransference, and resistance within the analytic relationship.
- (2) Identify "anchors" and "milestones" in the analytic process indicating the depth and development of the analytic relationship.
- (3) Increase dialogue among different and, at times, contradictory opinions regarding the analytic process within the group discussion.

**Suggested Reading:**

- Yerushalmi, H. (2011). Thoughts on Clinical Case Conferences. *AMERICAN JOURNAL OF PSYCHOTHERAPY*, Vol. 65, No. 1, 61-80.
- Hanoch Yerushalmi, Ph.D. Published Online:30Apr2018: <https://doi.org/10.1176/appi.psychotherapy.2011.65.1.61>

**Course:** (A)-5 Continuous Case Conference  
**Instructor:** Duane Dale, MD  
**Dates:** Apr. 2, 9, 16, 23, 30, 2021  
**Sessions:** 5 (6 CMEs)  
**Time:** 12:15 - 1:45 pm

**Course Description:** Given the shortness of this class, each participant will be asked to bring process material to demonstrate an impasse or difficulty that is being experienced with a patient. This material will then be subjected to the group process for deeper understanding and awareness of unconscious processes.

**Learning Objectives: Following this course, participants will be able to:**

- (1) To demonstrate the value of impasses and difficulties in furthering the deepening of psychoanalytic work
- (2) To facilitate the development of a 'working group' in listening to clinical material and associations of participants
- (3) To increase appreciation and awareness of the value of listening openly to one's own and the group's associations

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**Course:** (A)-6 Continuous Case Conference  
**Instructor:** Sam Chase, MD  
**Dates:** May 7, 14, 21, 28, & June 4, 2021  
**Sessions:** 5 (6 CMEs)  
**Time:** 12:15 - 1:45 pm

**Course Description:** TBD

**Learning Objectives: Following this course, participants will be able to:** TBD