

## MISSION STATEMENT

The Oregon Psychoanalytic Center is dedicated to advancing the vitality and enduring value of PSYCHOANALYSIS in Oregon.

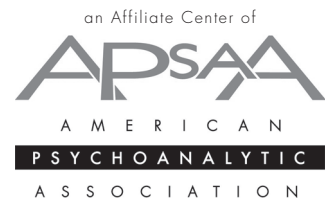
## Join Today!

### Become a member

Our faculty members donate their time, experience and expertise, fostering the personal and professional growth of students, colleagues and the community. Your tax-deductible membership contributions help us reach the greatest number of clinicians in the community and sustain the highest possible standards. OPC is a 501 (c) (3) non-profit organization serving the public and mental health professionals.

Details at:

[www.oregonpsychoanalytic.org](http://www.oregonpsychoanalytic.org)



### Continuing Medical Education

These activities have been planned and implemented in accordance with the Essentials Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the American Psychoanalytic Association and the Oregon Psychoanalytic Center. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians and takes responsibility for the content, quality, and scientific integrity of this CME activity. The American Psychoanalytic Association designates these educational activities on an hour or hour basis in category 1 credit towards the AMA Physician's Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the educational activity.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters of this CME program has any relevant financial relationships to disclose.

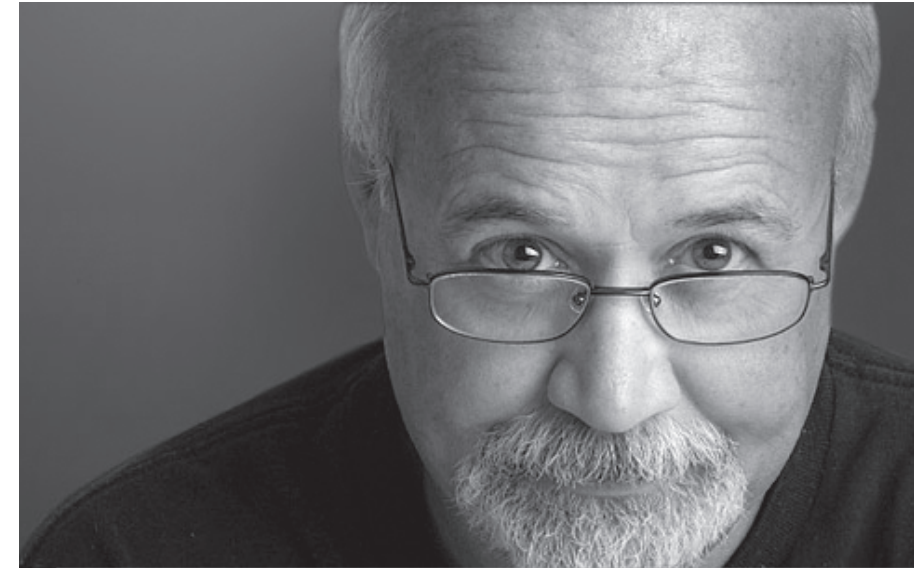


oregon psychoanalytic center  
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## Education / Training Programs

opening minds  
exploring ideas  
expanding possibilities



### EDUCATION / TRAINING PROGRAMS

**Psychoanalytic Training:** Transform your knowledge and clinical expertise.

**Psychoanalytic Psychotherapy:** Deepen your understanding and skills.

**Continuing Education:** Choose among a variety of stimulating psychoanalytic courses and programs.

**Early Development:** Expand your clinical skills through infant observation and related seminars.

[www.oregonpsychoanalytic.org](http://www.oregonpsychoanalytic.org)



oregon psychoanalytic center



*Psychoanalysis helps people learn about why they feel, think, and do what they do, opening the way to greater emotional freedom and enduring change.*

*The Oregon Psychoanalytic Center trains mental health professionals in the theory and practice of psychoanalysis and psychoanalytic psychotherapy.*

*Through deepening relationships with their clients, OPC clinicians, and those they treat, achieve better results and greater professional fulfillment.*

### ADULT PSYCHOANALYTIC TRAINING

Formal, four-year program for mental health specialists with graduate degrees and expertise in their fields, who want to explore the entire spectrum of psychoanalytic theory and technique

#### deeper understanding, meaningful change

Psychoanalysts of all theoretical orientations share a deep respect for the uniqueness of each individual, and a commitment to collaborating authentically with their patients in a process of discovery and growth. These values are embedded in the comprehensive and broad-based curriculum of Psychoanalytic Training at the Oregon Psychoanalytic Center. Analytic candidates are encouraged to think critically, to learn through self-knowledge, and to draw insight and inspiration from the many great psychoanalytic thinkers and clinicians, past and present.

The three pillars of psychoanalytic training—**personal training analysis, seminars, and supervised analytic work**—provide rich, varied, and profound opportunities for experiential and didactic learning.

**Admissions requirements** – We seek excellence in educational and clinical backgrounds; an aptitude for the practice of psychoanalysis; and qualities of maturity, integrity and intellectual honesty. We follow APsA's requirements for the selection of candidates.

Applicants must possess the highest academic degree associated with the licensure of his/her profession, and have a specified amount of post-graduate clinical experience.

OPC teaches all major psychoanalytic theories, from classical to contemporary. Classes are structured to provide opportunities to contrast traditional and newer theories, along with scientific research that has bearing on psychoanalytic thought.

### PSYCHOANALYTIC PSYCHOTHERAPY

Two-year certificate program for licensed mental health professionals of all disciplines, who want to enhance their therapeutic knowledge and skills

#### evolving, diverse, dynamic

This robust, energetic, and accessible program differs from the psychoanalytic training program in that it focuses solely on the practice of psychoanalytic psychotherapy.

The Center offers a new class every two years. We urge interested students to start the application process at any time, as applications are reviewed in the order received. In preparation for matriculation, applicants may, meanwhile, want to take classes offered by our Continuing Education Program.

There are three elements essential to psychoanalytic psychotherapy training: **coursework, supervision of training cases, and personal experience of a psychoanalytically informed therapy.**

**Admissions requirements** – This program is open to mental health professionals of all disciplines, including psychiatry, psychology, social work, marriage and family therapy, counseling and psychiatric nursing. Participants must be licensed in Oregon and carry professional liability insurance.

OPC Faculty members, trained in psychoanalytic institutes around the country as well as at OPC, share some fundamental attributes – distinguished reputations, scholarly contributions, and excellence in teaching.

### EARLY DEVELOPMENT PROGRAM

Fifteen-month Infant Observation course trains clinicians in psychological aspects of early development, beginning with prenatal life

#### empowering insights, increasing clinical skills

OPC offers a 15 month Infant Observation course, consisting of weekly observations of mother/parent and infant in the infant's home. The observations begin just prior to the birth. Students also participate in twice monthly seminars. Infant observation, based on the Tavistock model, is an important component of many psychoanalytic and psychodynamic training programs around the world. Participants find the IO seminar to be an effective and engaging way to learn experientially about the process of observing and being an observer, which applies to a wide spectrum of clinical activity.

In addition to the IO seminar, the EDP is currently developing Listening Mothers and Secure Beginnings programs, which will train clinicians to work with parents and their young children in developing strong relationships as a foundation for emotional development.

**Admission requirements** – Open to mental health and other interested professionals. Applicants will be interviewed prior to admission to determine suitability of the seminar for them.

Details regarding each OPC program are available at

- [www.oregonpsychoanalytic.org](http://www.oregonpsychoanalytic.org) with detailed descriptions, brochures and application forms (down-loadable)
- [info@oregonpsychoanalytic.org](mailto:info@oregonpsychoanalytic.org)
- 503.229.0175 We are happy to answer your questions