OREGON PSYCHOANALYTIC CENTER

UNDERSTANDING MALE SEXUAL VICTIMIZATION

with Richard Gartner, PhD

A VIRTUAL EVENT

Saturday, March 5, 2022 9 AM - 1 PM PST

COURSE DESCRIPTION

In the past decade there have been a seemingly unending number of disturbing revelations of boyhood sexual abuse in the United States and worldwide. These include:

- the recent (2021) charges against ex-Cardinal Theodore McCarrick, who was defrocked after a Vatican investigation confirmed he had sexually molested adults as well as children and is now charged with sexually assaulting a teenage boy during a wedding reception in Massachusetts in 1974;
- the allegations by many men about their own sexual victimization by male and/or female predators following the development of the #MeToo in 2018; and
- the trial in 2011 of Jerry Sandusky for sexual abuse of adolescent boys at Penn State University.

In addition, there have been allegations, disclosures, and prosecutions related to universities, the military, Congressional pageboys, Orthodox Jewish yeshivas, private as well as public middle and secondary schools, and the Boy Scouts of America, among many others. At the same time, men in the sports, entertainment, journalism, and political worlds have in increasing numbers publicly disclosed sexual victimization in boyhood or early adulthood.

Research suggests that one in six boys is directly victimized sexually by age 16. In order to treat this population, it is crucial that clinicians be aware that male victims face unique challenges in processing this trauma. This workshop will address these special issues for sexually abused boys and men. Particular attention will be given to the themes of male gender socialization, sexual orientation concerns, and myths that interfere with men being open about their histories or even recognizing their sexual betrayal.

The course will cover, among other topics, the following:

- prevalence figures;
- the interpersonal core of sexual betrayal trauma;
- definitions of different kinds of sexual abuse and trauma;



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COURSE DESCRIPTION CONTINUED

- the range of possible abusers;
- grooming of victims;
- cultural myths that make it difficult for men to acknowledge having been victimized;
- further myths that interfere with boys and men processing sexual betrayal;
- abuse by male vs. female victimizers;
- specific concerns about victimization by a male predator for boys whether they are already growing into predominantly gay or predominantly straight sexual orientations;
- and the question of whether sexually abused boys almost inevitably become sexually abusing men.

The course leader has 35+ years of experience with this population. He has treated, evaluated, or consulted on over 2500 cases of men sexually abused as boys or men. He will draw from his clinical experience to illustrate many of the points made in the course.

LEARNING OBJECTIVES

Participants will be able to:

- 1. State how male sexual victimization was viewed in the late 20th century vs. today.
- 2. Explain how masculine gender socialization affects boys' and men's processing of sexual abuse experiences.
- 3. Identify how concerns about homosexuality affect boys' and men's processing of sexual abuse experiences.

BIOGRAPHY

Dr. Richard Gartner is training and supervising analyst, faculty, and Founding Director of the Sexual Abuse Service at the William Alanson White Psychoanalytic Institute. A Fellow of the American Psychological Association, and of its Divisions 39 (Psychoanalysis), 51 (Men and Masculinities), and 56 (Trauma Psychology), he is also faculty, consultant, and supervisor at the Manhattan Institute for Psychoanalysis and its Certificate Program in Trauma Studies. A cofounder of MaleSurvivor.org, Dr. Gartner is a pioneer in treating sexually abused men, and has made presentations about his work at conferences, institutes, universities, and hospitals in the United States and abroad. He has been interviewed and quoted nationally and internationally about male sexual victimization in media including the New York, London, and Los Angeles Times, the Washington Post, New York Newsday, Rolling Stone and Playboy Magazine; and has appeared on radio and TV including 20/20, NPR, CNN, CBS, Fox, and MSNBC. The author of Betrayed as Boys, the classic professional text on treating sexually abused men, and Beyond Betrayal: Taking Charge of Your Life after Boyhood Sexual Abuse, written for the general public, Dr. Gartner's most recent books are:

- Trauma and Countertrauma, Resilience and Counterresilience: Insights from Psychoanalysts and Trauma Experts;
- Understanding the Sexual Betrayal of Boys and Men: The Trauma of Sexual Abuse; and
- Healing Sexually Betrayed Men and Boys: Treatment for Sexual Abuse, Assault, and Trauma.

Dr. Gartner is the recipient of the William Friedrich Memorial Child Sexual Abuse Treatment Award; the APA's Trauma Psychology Division's Award for Outstanding Contributions to Practice in Trauma Psychology; and the Director's Award of the William Alanson White Institute for contributions to the psychoanalytic understanding of trauma. He was also honored by having the Richard Gartner Award for Clinical Contribution established by MaleSurvivor in honor of his contributions to the treatment of sexually abused men. In 2021 he was given a Lifetime Achievement Award by the American Psychological Association's Division of Trauma Psychology (Div. 56).

Continuing Medical Education: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Psychoanalytic Association and the Oregon Psychoanalytic Center. The American Psychoanalytic Association is created by the ACCME to provide continuing medical education for physicians. The American Psychoanalytic Association designates this Live Activity for a maximum of 4.0 AMA PRA Category 1 Credit(s)**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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