

APPLICATION INFORMATION

PPP COMMITTEE

ELIGIBILITY

The Psychoanalytic Psychotherapy Program is open to licensed mental health professionals of all disciplines. Accepted professionals must be practicing in a setting where they can see adult patients at a frequency of one to two times per week.

TUITION & FEES

Yearly tuition for the first year of the program is \$3,245 and increases 3% each year. This includes all courses, access to the OPC library, membership, and listserv. Access to PEPWeb, an articles database, will require an additional \$100 fee. Supervision fees are separate from tuition.

APPLICATION PROCESS

The application deadline is April 1, 2025, if you would like to be considered for the fall of 2025.

If you would like to apply or find out more information, please visit:

<https://www.oregonpsychoanalytic.org/psychotherapy>

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PSYCHOANALYTIC PSYCHOTHERAPY PROGRAM



**OREGON
PSYCHOANALYTIC
CENTER**

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PROGRAM INFORMATION

The Psychoanalytic Psychotherapy Program (PPP) of the Oregon Psychoanalytic Center is a two-year certificate program for psychotherapists. The PPP is designed to expand their psychoanalytic knowledge, increase their self-awareness, and deepen their clinical skills, in order to become more effective psychoanalytic psychotherapists. The program is ideal for psychotherapists who want to enhance their therapeutic knowledge and skills, deepen and broaden their understanding of psychoanalytic technique, theory and principals, and develop a network of like-minded colleagues.

The program has three essential elements:

1. Coursework
2. Supervision
3. Personal psychotherapy

COURSEWORK

Each week students attend one didactic class and one case conference class.

Didactic courses include tracks in psychoanalytic theory, models and technique, child and adult development, psychopathology, diversity, termination, and clinical process.

Case conference courses provide a forum for in-depth consideration of students' clinical work and ideas explored in didactic seminars. Different perspectives on therapeutic action and technique are explored.

COURSE INFORMATION

SCHEDULE

Tuesday evenings - 6:00 to 9:15 pm
with a 15-minute break at 7:30 pm

The program runs for two consecutive years from September to June.

SUPERVISION

Students choose two cases that are supervised by experienced PPP Faculty to enhance the classroom experience, deepen the development of clinical skills and focus on each student's individual challenges in their clinical work.

PERSONAL PSYCHOTHERAPY

Students participate in their own psychoanalytically-informed therapy (see "Graduation Requirements"). This aspect of the program is invaluable to clinicians in promoting self-awareness and deepening learning. Recent or current treatment of at least one year, preferably longer, is a requirement of the program. We strongly encourage students to be in treatment during their PPP training, as it will greatly enhance their learning.

GRADUATION REQUIREMENTS

- Treatment of psychoanalytic psychotherapy cases: one twice-weekly for at least twelve months, and a once-weekly case for at least 6 months. These two cases are discussed during supervision.
- The twice-weekly case will be the subject of a written case report during the second year of the program.
- A minimum total of 60 hours of case supervision is required for graduation - including at least 45 hours for the twice-weekly case and at least 15 hours for the once-weekly case. Two different supervisors can be chosen from the PPP faculty.
- A personal experience of twice-weekly psychoanalytic treatment, which can be met by recent treatment (within the last 3 years), by current twice-weekly psychoanalytic psychotherapy, or by psychoanalysis of at least one year (preferably longer).
- Successful completion of the two-year course curriculum is required.
- Students must attend 80% of the classes and complete course evaluations for each course.